

## Distressed

**1 Samuel 30.6** And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the Lord his God.

**Psalms 37.1-5** Fret not thyself because of evildoers, neither be envious against the workers of iniquity

Delight thyself also in the Lord: and he shall give thee the desires of thine heart.  
Commit thy way unto the Lord; trust also in him; and he shall bring it to pass

**1 Samuel 1 9-10** So Hannah rose ..... And she was in bitterness of soul, and prayed unto the Lord, and wept sore.

**Romans 8.35** Who shall separate us from the love of Christ? shall tribulation, or *distress*, or persecution, or famine, or nakedness, or peril, or sword?

**2 Corinthians 4 7-10** But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us. We are troubled on every side, yet not *distressed*; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed; Always bearing about in the body the dying of the Lord Jesus, that the life also of Jesus might be made manifest in our body.

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